



ROAR<sup>®</sup> AWAKENING THE LION WITHIN™

## ROAR Community Newsletter

*News and views by ROAR*

March 18, 2009

### In this issue:

- Repression and Addiction
- Developing our Talents
- Sample Your Dream Job
- Job Searching Online
- Age Discrimination Often Perceived, but Not Claimed

*Measure wealth  
not by the things  
you have,  
but by the things  
you have for which  
you would not  
take money.*

[Forward this newsletter to a friend.](#)

[Send us your feedback.](#)

## Do we need to do the inner work before the outer work?

*by Joe Sturniolo*

The [objective of ROAR](#) is to help you find fulfillment in your life. We believe fulfillment is achieved as a result of impacting others in a good way, that fulfillment is within reach when you use the unique talents and passions that God gave you. So it makes sense to overcome obstacles that stand in the way of being our authentic selves.

Repression and addiction are examples of behavioral obstacles that can turn us away from the love and caring of others and perhaps from the love of ourselves. Psychologists say many people suffer from some form of repression and addiction.

Passion comes from the Latin root *passus*, which means "suffered." Perhaps we have suffered from something or someone we loved, leaving that which we are passionate about in a repressed state - below the surface of our consciousness. The good news is this: the passion is not

really gone. When we are ready to love and care and be passionate again, we can find it and reignite it.

While repression stifles our desire to love others and ourselves, addiction enslaves us to love unhealthy things, behaviors, and people. These objects of attachment become preoccupations and obsessions; they come to rule our lives. They stand in the way of us choosing to do anything else because we are addicted to them. This causes low self-esteem.

Having good self-esteem is critical if we are to serve others. Otherwise we will be deceptive; we will not be authentic. Our fulfillment and joy in life are dependent on us being free from repression and addiction. For some of us that means doing the inner work before being able to do the outer work.

[read more on the ROAR blog](#)

## Developing our talents

By Joe Sturniolo

*Awake, north wind, and come, south wind! Blow on my garden, that its fragrance may spread abroad.*  
(Song of Songs 4:16)

The same winds blow on the thistle and the spice plant, but only one of them emits a rich fragrance. For some of us the beautiful fragrances of our true self are so hidden that we appear as the thistle in the wind. Certain gifts may lie unused or underdeveloped in each of us, which causes our fragrances to be hidden. It is important if we are to have an impact on others lives that we develop what God has given us. There is a poem by someone unknown that says:

*I had a tiny box, a precious box  
Of human love-my perfume of great price:  
I kept it close within my heart of hearts  
And scarce would lift the lid lest it should waste  
Its fragrance on the air.*

## ROAR links

**ROAR Website:**  
[ROARawakening.com](http://ROARawakening.com)

[Subscribe](#)  
to the  
e-Newsletter

[Enroll](#) in a ROAR  
Webinar

Go to the  
[ROAR Blog](#)

Purchase  
Joe Sturniolo's  
book,  
[The Caterpillar  
That Roared](#)  
available  
online through  
Amazon.com or  
other book sellers.

## Want to sample what life is like in your "dream job"?

*by Dan Christopherson*

If you spend as much time fantasizing about your dream job as you do your next vacation, there's a way you can turn your hoped-for vocation into a vacation.

A company called Vocation Vacations can put you in touch with mentors for one-to-one mentoring in your chosen field. The company provides a long list of "dream job holidays" from which you can choose.

Job categories are as diverse as acting or being an artistic director for a theater, to being a boat captain or veterinarian.

For instance, most recently the company could provide two-day, on-the-job training sessions for would-be veterinarians at animal hospitals in California and Colorado. The price: \$849.

For more information, got to [www.vocationvacations.com](http://www.vocationvacations.com).

## **Survey shows more older workers now go online to line up a job**

Neilsen Online recently reported a 41% surge in online job-hunting by people 65 and older at sites such as Monster.com. The survey compared data collected for January 2009 versus January 2008.

## **Age discrimination: often perceived, seldom claimed**

*by Dan Christopherson*

A survey of 5,000 workers age 50 and older conducted by [RetirementJobs.com](http://RetirementJobs.com) showed that 77 % said they have experienced or observed workplace age bias. That meshes with a survey prepared by RoperASW for AARP that showed two-thirds of workers age 45-74 had experienced or observed age bias on the job.

Despite these perceptions, only .02% of U.S. workers age 40 or older made age discrimination claims in 2007, according the Bureau of labor Statistics. Put another way, 99.98% of those workers did not make file a claim of age discrimination with the EEOC.

### **Contact Information**

[info@ROARawakening.com](mailto:info@ROARawakening.com)  
**(303) 597-0152**

**[Forward email](#)**

✉ **SafeUnsubscribe®**

This email was sent to sarrigan@geneoswealth.com by [info@roarawakening.com](mailto:info@roarawakening.com).  
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Joseph S. Sturniolo | 7535 E. Hampden Avenue | Suite 501 | Denver | CO | 80231